

BAC SUMMER INTENSIVE WEEK 2

STUDIO 1

MONDAY 7/17	TUESDAY 7/18	WEDNESDAY 7/19	THURSDAY 7/20	FRIDAY 7/21
9:00 – 9:50 WELCOME WARM – UP ALL	9:00 – 10:00 WARM - UP ALL	9:00 – 10:30 BALLET	9:00 – 9:50 WARM - UP ALL	9:00 – 10:15 BALLET
9:50 – 11:20 BALLET ALL	10:00 – 11:15 BALLET	10:30 – 11:30 POINTE	10:00 – 12:00 BALLET/POINTE POINTE	10:30 – 12:30 GUEST CLASS ALL
11:20 – 12:20 POINTE	11:15 – 12:15 POINTE	11:30 – 12:15 VARIATIONS		
12:15 – 1:00 LUNCH ACTIVITY	12:15 – 1:00 LUNCH ACTIVITY	12:15 – 1:00 LUNCH ACTIVITY	12:00 – 12:45 LUNCH ACTIVITY	12:30 – 1:15 LUNCH
1:00 – 2:00 CONDITIONING FOR DANCERS ALL	1:00 – 2:15 JAZZ	1:00 – 2:00 JAZZ	12:45 – 1:50 MODERN REP	1:15 – 2:20 IMPROVISATION – CHOREOGRAPHY ALL
2:00 – 3:15 MODERN	2:30 – 3:30 HIP HOP ALL	2:15 – 3:00 JAZZ REP	2:00 – 3:30 ACRO YOGA ALL	2:20 – 3:20 TLJ
3:20 – 3:30 END OF THE DAY CHAT		3:00 – 3:30 END OF DAY STRETCH ALL		3:20 – 3:30 END OF THE WEEK PICTURE

STUDIO 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:00 – 10:00 YOGA	10:00 – 11:00 JAZZ	
	10:00 - 11:00 JAZZ	10:15 – 12:15 MODERN MODERN REP	11:00 – 12:00 TLJ	
11:30 – 12:15 BEG – PRE POINTE	11:15 – 12:15 JAZZ REP	1:00 – 2:15 BALLET AND BEG-PRE POINTE	12:45 – 1:50 BALLET	
2:10 – 3:20 MODERN	1:00 – 2:15 BALLET	2:15 – 3:00 VARIATIONS		2:20 – 3:20 HOW TO DO MAKE - UP